



Seeds 2 Nurture

Rooted in Advocacy

July 2025

Blog Post

Learn about the 2025 changes to the Individuals with Disabilities Education Act (IDEA) and explore ways to strengthen your advocacy throughout the summer.

Read “**Summer Strategies for Special Education Advocacy**” at seeds2nurture.co/blog/.

Shop Spotlight

Take a look at our **IEP Advocacy Starter Kit**. The kit provides professionally developed tools to guide you through the preparation, collaboration and follow-through of IEP meetings.

Browse the full collection at <https://www.seeds2nurture.co/shop/>.

Quick Tips for Navigating IEPs

Paper Trail: Present your requests in writing to safeguard your contribution to the planning process and your child’s academic and service history. Documentation will ensure appropriate responses.

Goals: An ideal IEP changes and develops with your student’s progress. Make sure that goals are measurable and objectives are future-oriented.

Team Effort: Advocate your child’s needs and defend requests as a valued contributor to the plan. Building a successful IEP is a team effort, so you are not alone in the plan’s execution!

Visit <https://www.seeds2nurture.co/> for updates

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